



MEMBERSHIP APPLICATION FORM

1st April 2011 to 31st March 2012

Please tick membership applied for

<input type="checkbox"/>	Individual Adult	£25.00
<input type="checkbox"/>	Family	£50.00
<input type="checkbox"/>	Student/Junior up to 17 yrs old	£20.00
<input type="checkbox"/>	Concessions (Unemployed, OAP's)	£20.00

Existing Member

New Member

Surname.....

Forename.....Date of Birth..... Male/Female SAL No¹.....

Forename.....Date of Birth..... Male/Female SAL No¹.....

Forename.....Date of Birth..... Male/Female SAL No¹.....

Forename.....Date of Birth..... Male/Female SAL No¹.....

Address..... Tel No.....

..... Email.....

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Notes: ¹ If you are affiliated to Scottish Athletics Ltd then please provide your membership number here

Cheques made payable to "Gala Harriers"
Please return completed forms and payment to:
Anne Purves, 12 Hareshaw Bank, Tweedbank, Galashiels, TD1 3RE

Thank You For Your Support

Mission Statement

Our aim is to promote interest, participation and the development of athletics activities in the Scottish Borders.

Our objectives are to assist with the co-ordination of athletics for both junior and adults participants. We have an open policy regardless of age, gender and ability.

We would like to take this opportunity to find out about your goals and aims and what you would like to gain by joining Gala Harriers.

Please write below what you wish to achieve from joining Gala Harriers. e.g you may be new to running, wanting to train for a specific event (race for life/10k) or you may be an established athlete wanting to improve on your time/performance and would like some motivation and encouragement.

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Please complete all sections below

Medical information will only be shared with coaches, but this does not remove responsibility or good practice of individuals with medical conditions to always advise/remind coaches at the start of sessions of their conditions.

Please disclose any medical conditions that may be of importance in the event of an emergency, including any medications being taken.

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Please supply details of whom we are to contact in the event of an emergency.

Name.....Relationship.....
Address.....
Telephone No. Mobile No.

The club depends very much on the help of volunteers for running the club, races and other events. Would you be willing to help with any of the following:-

- Marshall at a race**
 - Time keep at a race**
 - Mark out/Measure a running course**
 - Refreshments (serve & make) at a race**
 - Go on courses to learn to coaching skills, or become an official (the club would pay for these courses)**
 - Help coaches with juniors on club nights, setting up jumps, raking sand pits, measuring throws etc**
 - Do you have any skills/services that you may wish to offer. IT, First Aid, Marketing, Printing etc.**
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