

GALA HARRIERS 10K Road Race
Scottish Athletics Permit Event No. 2965
ENTRY FORM

PERSONAL DETAILS (block capitals please)

Surname

First Name

Address

Postcode:-

Tel:- **Date of Birth**

Age on 19/4/09 **Male** **Female**

Athletic Club Name

Scottish Athletics or UK Athletics No.

Entry Fee **Affiliated** **Non-affiliated**
Pre-entered £6.00 £8.00

Race Day £7.00 £9.00

DECLARATION

I fully understand that I have entered this race entirely at my own risk and that the organisers will not be liable for any injury before, during or after the event. I also understand that runners must be at least 15 years of age on or before the day of the race. I declare that I am physically fit and have sufficiently trained for this event and waive and renounce any rights and claims for damages I may have against Gala Harriers for any loss/injury as a result of my participation.

Signed: **Date:**

Entry form and fee by Wednesday 15th April 2009 to:
'Gala Harriers 10K', Race Administrator, 4 Eastfield Park, 20 Abbotsford Road, Galashiels, TD1 3DT.

Sunday 19th April 2009 at 11 AM (10K), 10 AM (3K Fun Run)

Event to be run Under UK Athletics Rules